

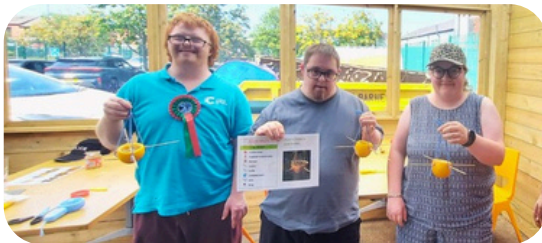
Welcome to the August edition of our newsletter.

It's been another busy month at Access Ability, with lots of learning, new experiences and plenty to celebrate. We hope you enjoy catching up on everything our young adults and wider team have been up to.

This month

Throughout July, our young adults have been building confidence, trying new things and developing valuable skills. They've explored positive self-talk, got creative with character design and continued building their confidence using digital tools. Our Eco Hub planting project is coming to life in the new outdoor classroom and it's looking amazing.

Behind the scenes, our team has also taken part in one of our regular planning and training days, carefully preparing future sessions and timetables so that every young adult continues to feel calm, supported and ready to learn.



There's still time to grab a copy of the limited-edition Art Book, Volume 1: Painting the World.

Get your copy at www.dislabelled.co.uk and support young artists with autism and disabilities.

Employer Spotlight

This month, we're shining a light on one of our big supporters, **Nybble**, who welcomed Joshua and Jamie for a work placement.

The opportunity has helped them build their confidence, develop new skills and experience being part of a real workplace, while giving the **Nybble** team the chance to see just what our young adults can bring to an organisation. Thank you to Nybble for creating such a valuable opportunity for Joshua and Jamie.



Parent Spotlight

We're always truly blown away by the feedback we receive from our parents, and this lovely review from Afsana really made our day.

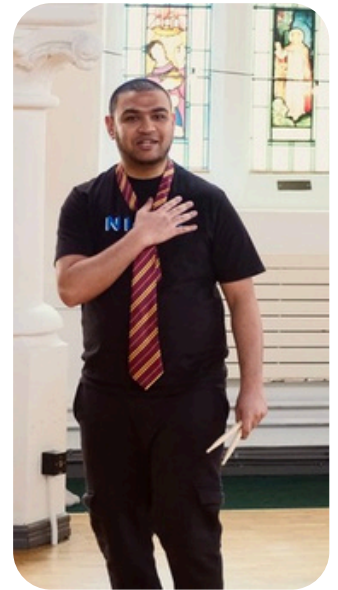
Afsana's son Danial has ADHD and attends Access Ability.

She wanted to let us know just how far he's come:

"We were going through a very hard time until we contacted Access Ability CIC. Now he is at the level where he is a mentor, helping other adults and young people at Access Ability."

Watching Danial grow in confidence and become a mentor to others is something we're all incredibly proud of.

Thank you, Afsana, for sharing this with us - it means so much to us.



Happy Birthday, Emma!



In July, we celebrated someone very special: our founder and the heart behind Access Ability, Emma.

Emma puts so much care and energy into creating a safe, supportive place where our young adults can grow in confidence, build independence and work towards their goals. Thank you for everything you do for our young adults and team and for always making us laugh.

We hope you had a wonderful birthday!



If you'd like to support our work, offer a workplace visit or create an opportunity for one of our young adults, we'd love to hear from you.